



*Building brighter futures for our children and families*

**THE CHILD PARENT INSTITUTE  
PROUDLY PRESENTS.....**

# **PARENTING ADVANCED LEARNERS**

**A Series of Six Discussion-Based Classes  
Facilitated by  
Karen Littell, MSW**

## **TWO CHOICES!**

**SIX TUESDAY EVENINGS:** January 31 - March 7, 2017 7:00 PM - 8:30 PM

**Location:** Santa Rosa Accelerated Charter School, 4650 Badger Road, room #1

**---OR---**

**SIX FRIDAY MORNINGS:** February 3 - March 10, 2017 9:30 AM - 11:00 AM

**Location:** Child Parent Institute, 3642 Standish Avenue, Santa Rosa

**COST:** \$90 individual/ \$150 couple for the complete 6-session cycle of classes

**TO REGISTER:** visit [www.calparents.org](http://www.calparents.org)

Click: Parenting, Classes, then scroll to Parenting Advanced Learners

Or Call (707)585-6108 extension 1240 or 1220

**Parenting advanced learners can be wonderfully rewarding. It can also be challenging and exhausting! This series will offer in-depth information about nurturing sensitive, intense, creative, and insatiably curious children. Topics will include understanding and accommodating intensity, meeting social/emotional needs, peer relationships, isolation, perfectionism, procrastination, motivation, underachievement, self-regulation, executive function skills, the Mindset work of Carol Dweck, Ph.D., depression, stress, idealism, imposter syndrome, twice-exceptional children (gifted plus other issues), frustration tolerance, advocacy, and nurturing ourselves too! Please join us for good company, support, lively discussion, and lots of useful strategies!**

Karen Littell, MSW, served for four years on the statewide board of the California Association for the Gifted, and has both attended and presented many workshops related to gifted children. She created and chaired the Northern California CAG Symposium, a conference designed to increase the capacity of parents and educators to keep gifted children engaged and challenged at school and thriving at home. Karen delivered the keynote address at the 2015 Humboldt County GATE Academy and continues to present to school districts throughout our region. She has many years of experience counseling children and families. This will be Karen's eighth cycle as facilitator of Parenting Advanced Learners.